

抗疫資訊 (新冠肺炎)

Information of Anti-Epidemic (Novel Coronavirus)

正確使用口罩 Proper Use of Mask

<https://www.chp.gov.hk/tc/healthtopics/content/460/19731.html>

正確潔手 Proper Hand Hygiene

<https://www.chp.gov.hk/tc/healthtopics/content/460/19728.html>

心理教育短片 疫流停課·不停「愛」

Psychoeducational videos – “Suspending Classes without Suspending Love in the Epidemic”

(<https://www.youtube.com/user/edbgovhk>)

【疫流停課·不停「愛」】家長篇 (一)：關愛自己

Suspending Classes without Suspending Love in the Epidemic: For Parents (1) [Care for Self]

https://www.youtube.com/watch?v=ctnzof2BIUM&list=PLsNQuY6XoSaDOgUtaiTr_kRjyOODo1J7u&index=2

【疫流停課·不停「愛」】家長篇 (二)：關愛子女之輔導基本功

Suspending Classes without Suspending Love in the Epidemic: For Parents (2) [Care for Children: Basic Counselling Skills]

https://www.youtube.com/watch?v=9W3Dxirhj8I&list=PLsNQuY6XoSaDOgUtaiTr_kRjyOODo1J7u&index=4

【疫流停課·不停「愛」】家長篇 (三)：處理年幼子女情緒的實戰技巧

Suspending Classes without Suspending Love in the Epidemic: For Parents (3) [Practical Skills in Handling the Emotions of Young Children]

https://www.youtube.com/watch?v=6bcTGVN0VDA&list=PLsNQuY6XoSaDOgUtaiTr_kRjyOODo1J7u&index=6

衛生防護中心--2019 冠狀病毒病傳染病 Centre for Health Protection-Coronavirus Disease 2019 (COVID-19)

<https://www.chp.gov.hk/tc/resources/464/102466.html>

支援/查詢

- 衛生署熱線：2961 8968
- 衛生防護中心熱線：2125 1111/2125 1122
- 服務時間：上午 8 時至午夜 12 時正。
- 衛生署中央健康教育 24 小時錄音資料電話熱線：2833 0111
- 衛生署衛生防護中心網頁：<https://www.chp.gov.hk/tc/index.html>
- 香港特區政府「2019 冠狀病毒病專題網站」：<https://www.coronavirus.gov.hk/chi/index.html>

Support and Enquiries

- Department of Health DH Hotline：2961 8968
- CHP Hotline：2125 1111/ 2125 1122
- Service Hour：8 a.m. to 12 midnight
- 24-hour Health Education Infoline：2833 0111
- Websites of Centre for Health Protection (CHP)：www.chp.gov.hk
- Designated website for COVID-19 of The Government of the Hong Kong Special Administrative Region：
www.coronavirus.gov.hk

教育局

學校所屬分區辦事處

新界東區域教育服務處：2639 4876

教育局電話熱線：2891 0088

服務時間：星期一至五上午 8 時 30 分至下午 6 時正；星期六、日及公眾假期休息。

網頁：<https://www.edb.gov.hk/>

Education Bureau

Regional Education Office (according to the locations of schools)

New Territories East Regional Education Office: 2639 4876

EDB Hotline: 2891 0088

Service Hour: 8:30 a.m. to 6:00 p.m., Monday to Friday, closed on Saturday, Sunday and public holidays.

Website: <https://www.edb.gov.hk/>