2. Language Focus 1

How often…?

once/twice/three times a day/week/month/year

2a. Watch the video and read the information carefully. Finish the practice.

(adapted from Longman LEAP & ELECT's teaching resources)

Part 1

In this part, you will learn to ask and answer questions about frequency.

How often	do you	change your socks?
		wash your sports shoes?

I change my socks	once twice three times	a day / week / month / year.
I wash my sports shoes		

How often …?

How often do you wash your hands?
How often do you brush your teeth?
= How many times do you do something in a time period

We ask *How often …* questions to find out the number of times people do something in a time period.

Talking about habits

- **How often** means 'How many <u>times</u>'. We use **How often** to ask about the number of times a person does something.

  e.g. *How often do you brush your teeth?*

  = How many times do you brush your teeth?

- We answer **How often** questions by saying the number of times we do something during a time period.

  e.g. *I brush my teeth <u>twice</u> <u>a week</u>.*

  | Number of times | The time period |

Mon	Tue	Wed	Thu	Fri	Sat	Sun
✓						

once a week = one time a week

Mon	Tue	Wed	Thu	Fri	Sat	Sun
✓			✓			

twice a week = two times a week

Mon	Tue	Wed	Thu	Fri	Sat	Sun
✓			✓			✓

three times a week

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	5 ✓	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

once a month = one time a month

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	5 ✓	6	7
8	9	10	11	12 ✓	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

twice a month = two times a month

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	5 ✓	6	7
8	9	10	11	12 ✓	13	14
15	16	17	18	19 ✓	20	21
22	23	24	25	26	27	28
29	30	31				

three times a month

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	5 ✓	6	7
8	9	10	11	12 ✓	13	14
15	16	17	18	19 ✓	20	21
22	23	24	25	26 ✓	27	28
29	30	31				

once a week / four times a month

I brush my teeth every morning and every evening. = *I brush my teeth twice a day.*

I go to the library on Fridays.
= *I go to the library once a week.*

I go swimming on 1st and 15th every month.
= *I go swimming twice a month.*

I go to the dentist in January and August every year. = *I go to the dentist twice a year.*

Talking about frequency

This is how we can talk about frequency.

once a day
twice a day
three times a week
four times a month
five times a year

the number of times

within a length of time

Quick Check

1. Fill in the blank and choose the correct answer.

A: _____ do you change your facecloth?

B: I change my facecloth (once / one) a week.

2. Fill in the blank and choose the correct answers.

A: _____ do you go to the dentist?

B: I go to the dentist (two / twice) (a day / a year).

3. Fill in the blanks.

A: _____ do you _____ ?

B: _____

MON	TUE	WED	THU	FRI	SAT	SUN
✓	✓		✓	✓		✓

4. Fill in the blanks.

A: _____ do you _____ ?

B: _____

✓ morning
✓ bedtime

2b. Go to Longman Plus app.

Finish the assignment "P4 U5 - Grammar 1".

Are these sentences true or false?

Blacken ● the circles next to the best answers.

(adapted from iLearn@Longman+)

*Listening task: You need to login to do this section.

Q1. The girl takes lessons in a learning centre once a week.

○ A. True

○ B. False

Q2. The girl changes her socks every day.

○ A. True

○ B. False

Q3. The girl reads English comics six times a week.

○ A. True

○ B. False

Q4. The boy has breakfast twice a week.

○ A. True

○ B. False

Q5. The girl never does English exercises.

○ A. True

○ B. False

Q6. The girl goes to the library on Tuesdays and Wednesdays.

○ A. True

○ B. False

Q7. The girl takes lessons in a learning centre once a month.

○ A. True

○ B. False

Q8. The girl does English exercises twice a month.

○ A. True

○ B. False

2c. Look and your English Book 4B P. 56-57. Finish MSB P. 78-80.

| **How often** | do you | change your socks? |
| | | wash your sports shoes? |

| I change my socks | **once** **twice** **three times** | **a day / week / month / year**. |
| I wash my sports shoes | | |

Date: _____

Greentree School has organised a 'Let's be clean & tidy!' campaign. The campus TV reporter is talking to some campaign ambassadors. Finish what they say.

change your facecloth   change your uniform   cut your fingernails
wash your sports shoes   wash your hair

1

: **How often** do you <u>change your socks</u>?

1 / day

: I <u>change my socks</u> **once a day**.

: How about you, Ricky? **How often** do you

_____?

: I _____

1 / day

_____ .

2

: **How often** do you change _____ ?

1 / day

: I change _____ .

: How about you, Ricky? **How often** _____

_____ ?

: I _____

1 / day

_____ .

3

How _____ ?   3 / week

: _____

_____

: How about you, Ricky? **How** _____

_____?

: _____   4 / week

_____

4

How _____ ?   2 / month

: _____

_____

: How about you, Ricky? **How** _____

_____?

: _____   3 / month

_____

5

_____ ?   4 / week

: _____

_____

: How about you, Ricky? _____

_____?

: _____   5 / week

_____

6

: _____ ?   2 / week

: _____

_____

: How about you, Ricky? _____

_____?

: _____   1 / week

_____

Extension

How often do you do these things? Choose 3 of them and write.

_____

_____

_____

How well did you do?

2d. Consolidation and extended learning

1. How often do you… ?

You learnt about adverbs of frequency (4A Unit 1).

Do you still remember these words?
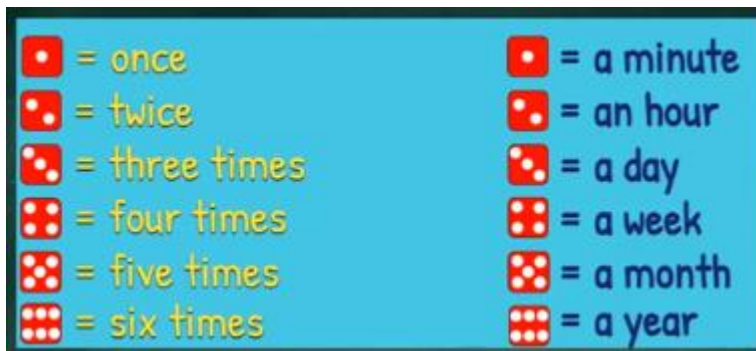
always / usually / sometimes / hardly ever / never

Listen to the song and find out!

https://youtu.be/WPTu1j6-B30

2. How often do you exercise?

It's a game! Roll the dice and make a funny answers.

Watch the video to know more about the instructions.

You will like it!

https://youtu.be/jxF6F3Hqx68